

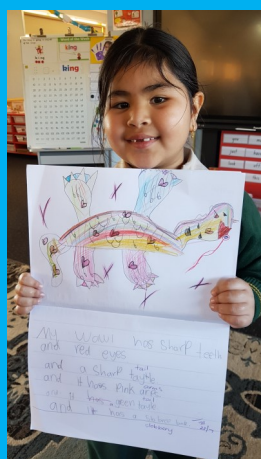
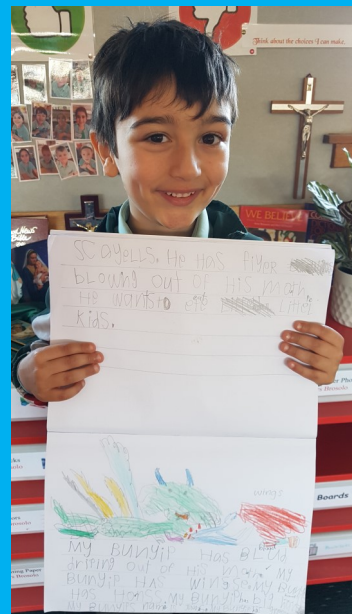
# The Holy Herald

Holy Spirit School Newsletter

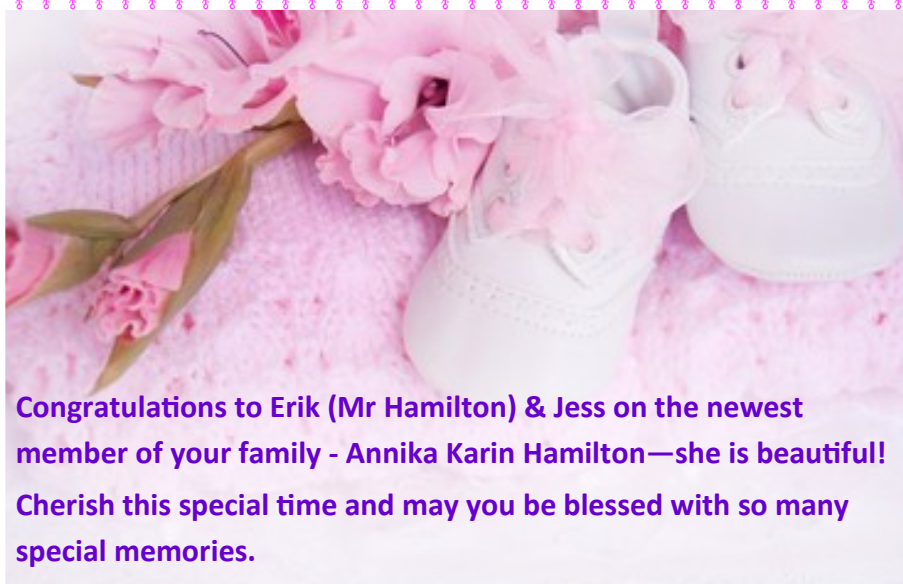


**Term 3 Week 4 – 4th August 2021**

Phone: (02) 60251122 Web page: [www.hsslavington.com.au](http://www.hsslavington.com.au) Email: [hs-info@ww.catholic.edu.au](mailto:hs-info@ww.catholic.edu.au)



Mr Sean Michael (Literacy Instruction Teacher) works across all infant year levels. The students are producing some fabulous pieces of writing.



Congratulations to Erik (Mr Hamilton) & Jess on the newest member of your family - Annika Karin Hamilton—she is beautiful! Cherish this special time and may you be blessed with so many special memories.



From the Principal

## **DARE TO DREAM**

It may be a year late but the Tokyo Olympics are well underway. The Olympics are full of unforgettable moments that inspire us, bringing together people of different backgrounds.

As a proud Tasmanian, I, along with the whole nation have watched Ariarne Titmus, who grew up and was educated in a Catholic school in Launceston, take home 4 medals in the pool, two of them gold. Launceston has many similarities to our location in regional Australia, including being the same population as Albury/Wodonga. Her primary school, Sacred Heart, has been proudly posting photos of her during her days there, inspiring the next generation of swimmers. Twenty years ago, Holy Spirit had our very own Ariarne, Jacinta van Lint (aunt of Harry, Jinty and Zarah Lubke) won a silver medal in the pool at the 2000 Sydney Olympics.

The students of Holy Spirit each year swim, run, throw and jump for their house teams. The most successful competitors are selected to represent our school, deanery, diocese and some even MacKillop. We acknowledge the students who represent our school and how proud we are of them, regardless of their finishing position. We acknowledge those who don't make school teams but are just as important as fellow competitors and classmates.

Jacinta was one of those Holy Spirit students, who did represent our school. She sat in the same classrooms the students of HSS sit in today (perhaps with some architectural changes). She played in the playgrounds that the students of 2021 play in today. She wore the red and green uniform that our kids still wear today. She had dreams of where she would be one day. Her dream came true.

I watched in awe, as Rohan Browning ran the fastest time ever by an Australian in the 100m. I later read that he wasn't the fastest runner in his year level in Year 8. Yes he worked hard (extremely) and was blessed with natural talent but he also dreamed of what he could achieve.

Attending Holy Spirit is your child, your grandchild, your classmate, someone you are connected to, someone you love dearly, each one of us has a dream for that child. I wonder what dreams the students of HSS have? I wonder how we can help their dreams come true?

"I'm just from a small town in Tassie, and it just goes to show if you believe you can do something, you can 100 per cent do it if you work for it." (Ariarne Titmus July 28th, 2021)

## **POSTPONEMENTS—Tut Tut & 50th Anniversary**

Given the current climate with Covid, and the situation around visitors onsite, we have made the decision to postpone our two significant upcoming events. As advertised in the previous newsletter, the Tut Tut performance will now be in week 3 of Term 4 (October 19th, 20th & 21st) and the School's 50th Anniversary celebrations will take place in Week 4 of next term (Friday 29th October). If you have already purchased tickets for Tut Tut, these tickets will be transferable to next term. An email will be sent to those who have bought tickets with the new dates (Days & Times remain the same). Please contact the School Office if you require further information.

## **SPORTS**

We understand there have been a number of sports cancelled or postponed, for example, the Diocesan Athletics & Cricket Trials. We will inform you when we know more information about these events.

## **SOCK FUNDRAISER**

Thank you to all members of our school community who took the opportunity to give us feedback about the sock fundraiser. Given the feedback, we have decided not to run it again this year.

## **PROFESSIONAL LEARNING**

In the first four weeks of this term, our staff have been involved in some excellent Professional Learning (PL). This PL is targeted to meet the needs of our students. Our teaching staff are undertaking a course on Dyslexia and Reading facilitated by the CEDWW. We have also had sessions with Mr Sean Michael who has led us in Writing and with Mrs Raelene Harding who has lead us in Numeracy. We are extremely lucky to have two of our own staff who are able to lead us, sharing their expertise.

## **WELCOME NEW STUDENTS**

We have two new students at our school, Vihan (KEP) and Ruhan (2DT). We welcome them to our school.

Matt Kean

Principal



# Religious Education

## St Mary MacKillop - Feast Day 8th August



Mary MacKillop is the first canonized saint in Australia and the patron saint of the Catholic Education Diocese of Wagga Wagga. Here are some facts about her life.

Mary MacKillop was born in Victoria in 1842. She was the eldest child in her family and had 3 sisters and 4 brothers. She loved children and became a school teacher. In South Australia she met a priest named Father Julian Tenison Woods who also wanted to help poor children attend school. Together Mary MacKillop and Father Tenison Woods started the 'Stable School' in 1866.

In 1866 Mary MacKillop and Father Tenison Woods started the religious order of the Sisters of Saint Joseph of the Sacred Heart (the Josephites) and in 1867 Mary MacKillop became a nun – Sister Mary of the Cross. Mary and the Josephite nuns set up schools in Australia and New Zealand.

Mary and her group of like-minded women would travel to small communities and open schools for local children. By the time Mary was 27, there were 70 Josephite nuns teaching children in 21 schools that Mary and Julian had opened.

They also set up houses for elderly women, young girls and women without jobs. They gave their life to people in need often giving comfort to the sick and dying and even visiting people in jail to give them whatever help they could.

Mary MacKillop said - *Never see a need without doing something about it.*

## The Assumption of the Blessed Virgin Mary.

The feast of Mary's Assumption into heaven is Saturday August 15th. On this day we celebrate that God took Mary to heaven both body and soul. We think about how someday after we die, we will get our bodies back too. The Feast of the Assumption is a Holy day of Obligation.

## First Communion

The Year 3 students have begun their preparations for First Holy Communion. We are still unable to have a Parent Information night, so last Friday a note went home outlining everything you need to know. Please contact me at if you did not receive yours.

**First Communion will be held on Saturday 11th September.**

Saturday School Mass - Thank you to the following students who helped at our last school Mass: Isla Peters, Lauren Pfeiffer, Kaylee Pfeiffer, Amelia Mahoni, Morgan Pfeiffer, Levi Mahoni, Skylar Watts, Lilly Merkel, Jack Irving and Thea May. Our next Mass is **Saturday 28th August.**

Regards,

Joanne Davies



# MERIT AWARDS

<b>Kinder</b>	Guntas K, Beau B, Hanisha B, Judah P, Jeet S, Harper R, Mahir P, Amanat K, Skylar L
<b>Year 1</b>	Bobin S, Reuben W, Oliver C, Hollie G, Lavithdeep C, William S, Leyla W
<b>Year 2</b>	Flynn C, Chloe A, Zahra B, Charlee Y, Austin D, Lola T, Halle M, Faisca W
<b>Year 3</b>	Adele B, Baxter G, Chelsea H, Elsie H, Grace L, Levi G, Maeve S, Jinty L, Milla S
<b>Year 4</b>	Max F, Aleksander S, Kaylee P, Dustin C, Ruhee M, Rory M, Levi P
<b>Year 5</b>	Keoni M, Max D, Flynn L, Lyla P
<b>Year 6</b>	Roxi H, Jackson L, Olivia M, Isla P, Gypsy T, Edith H, Sophie C, Riley C

## BINGO ROSTER...

**4th August**

**Caller**

**Maree Brosolo**

**Team**

**Cheryl Brigden**

**Talissa Habermann**

**11th August**

**Caller**

**Matt Kean**

**Team**

**Sarah Dunlop**

**Stacey Shepherd**

**18th August**

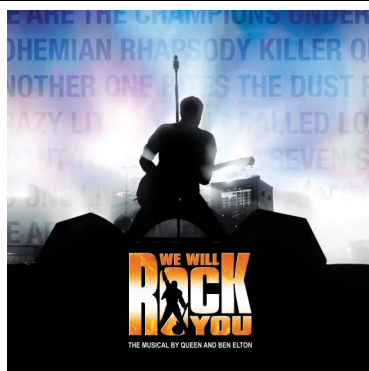
**Caller**

**Natasha Zegiel**

**Team**

**Cheryl Brigden**

**Eleanor Pearson**



If you haven't yet seen "We Will Rock You", we recommend you try and get tickets to see this humorous and entertaining show. Our Creative Arts teacher Mr Simon Goss and Niki Strauss who gives vocal lessons here at HSS are in the cast and play fantastic roles. "We Will Rock You" is currently the only theatre show running in Australia. We encourage you to attend so please phone the Albury Entertainment Centre on 6043 5610 to purchase tickets.

## Dates to remember

100 Days of Kinder Celebrations: Thursday 5th August

Mini Olympics — Dwyer Fundraiser: Friday 6th August

English UNSW at HSS: Monday 16th August

Maths UNSW at HSS: Friday 27th August

Book Fair: Monday 6th September—Friday 10th September (Covid permitting)

Footy Colours Day: Friday 17th September

Last Day of Term 3: Friday 17th September

Mad About Math: Wed 4th August (Week 4)

Wed 18th August (Week 6)

Wed 1st September (Week 8)

Excursion to Lavington Library:

Monday 6th Sep: Kinder (11:30 -1:30)

Year 1 (12:45 - 2:45)

Tuesday 7th Sep: Year 3 (9 - 11)

Year 4 (10:15 -12:15)

Year 6 (11:30 -1:30)

Wednesday 8th Sep: Year 5 (11:30 -1:30)

Year 2 (12:30 - 2:30)

NEXT TERM: Tut Tut Musical: Week 3

School 50th Anniversary Celebrations: Week 4

Grandparents Day (Yet to be confirmed)

NEXT YEAR: Family Fun Bingo Night

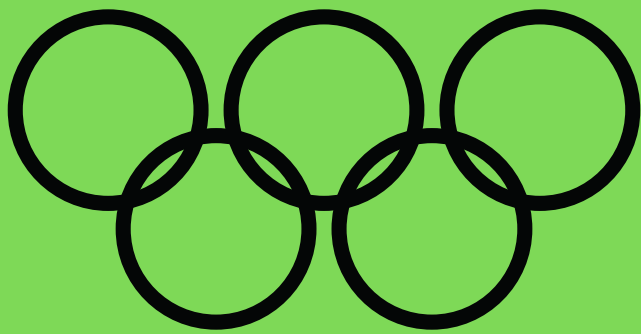
Volunteers needed for covering books.  
Please contact the School Office if you are able to help in any way.





# Dwyer FUNDRAISER

**"MINI OLYMPICS  
DAY"**



**GOLD COIN  
DONATION**

***Friday, 6th  
August***

***Wear  
green  
and gold***

**ALL FUNDS WILL GO  
TOWARDS THE  
RIVERINA  
MELANOMA RIDE**



## GUEST SPEAKER

On Tuesday, Year 2DT had a special guest speaker. His name was 'Spectacular'. He is the younger brother of Dracula. Spectacular came in to help us with creating a character for our writing. The students were able to ask questions, find out more about his likes and dislikes and learn about his family. The students enjoyed meeting Spectacular, even though some of us really did think it was just Mr Michael dressed up!



**Spectacular!**





Students are busy rehearsing all the different parts that make up Tut Tut the musical! Senior students have also been making the props for the show, including Kevin, the Camel.



**New Performance Dates:** Tuesday 19th October,  
Wednesday 20th October and Thursday 21st October.



# Year 4

## Term 3, 2021

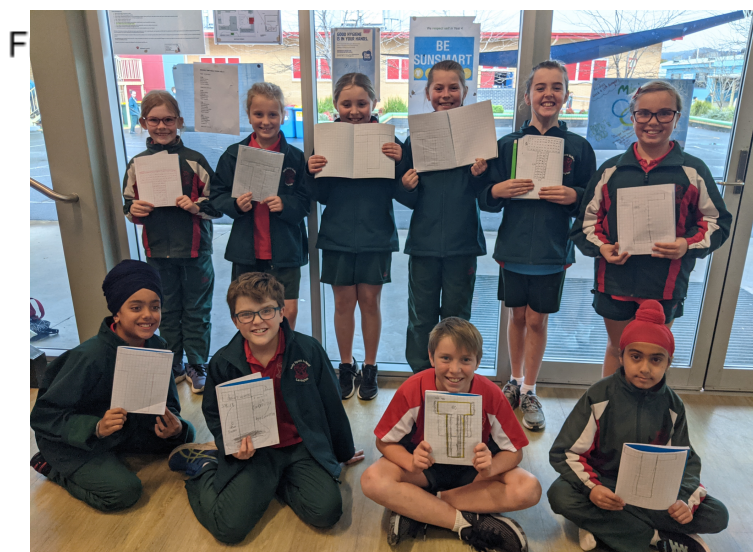
Year 4 have had a very exciting term so far, exploring and learning something new in each learning area. We have gathered a collection of pictures to give you a glimpse of what has been happening in the Year 4 space!



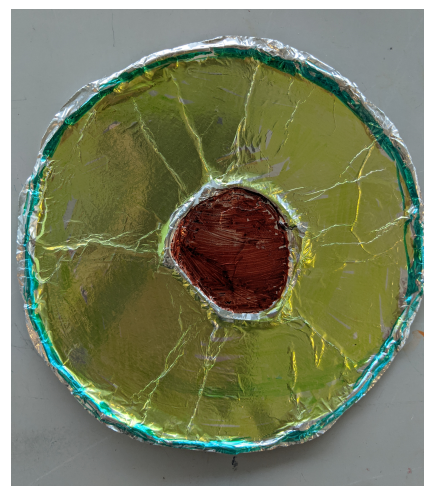
Students leading BluEarth Games



Fun Maths games



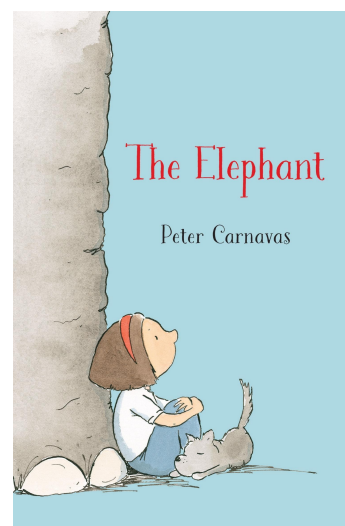
Challenging Maths tasks



Fruit tin foil art



Papier mache fruit bowls



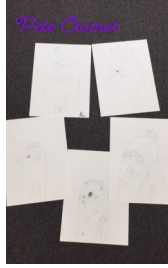
Reading 'The Elephant'



# What's happening in...

# Year 3

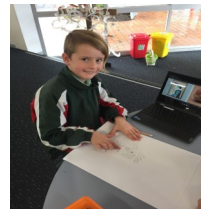
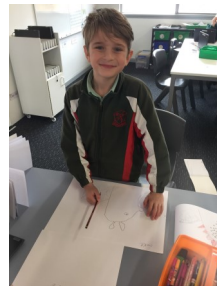
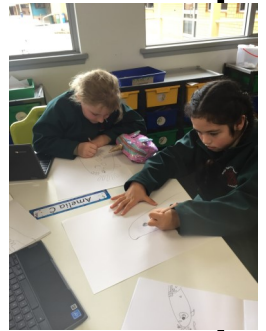
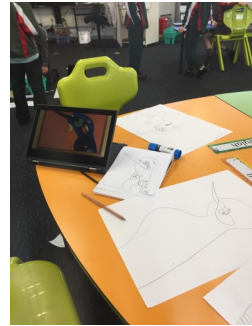
## ART



### ART

*This term our focus is Australian Artists.*

*We began by creating bird artworks inspired by those of Pete Cromer.*

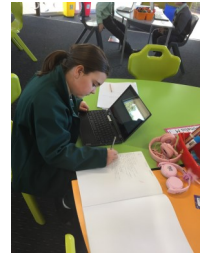


## Writing

### WRITING

*Year 3 are learning to write information texts.  
We are currently gathering information and  
note taking as part of the writing process.*



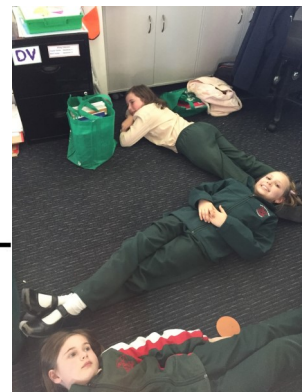
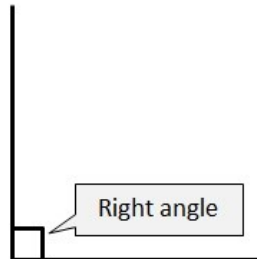


# MATHS

## MATHS

We have been investigating angles.

What are they and where can we find them in our environment? We have also been making connections in our learning with analogue clocks and angles.



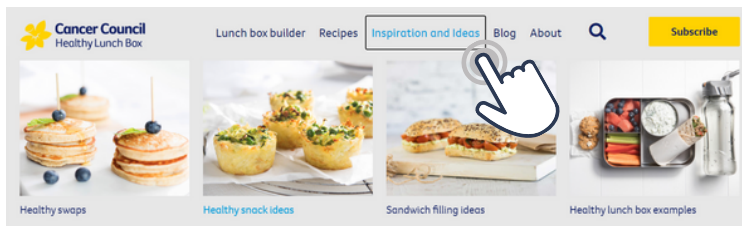
Look! An  
OBTUSE angle!





# Nutrition Snippet

## HEALTHY SNACKS.



**Need some healthy snacks for the lunch box or after school?**

**Click on our '[Inspiration and ideas](#)' tab for lots of easy recipes.**

For this and more visit:  
**[healthyinbox.com.au](http://healthyinbox.com.au)**



**Cancer Council**  
Healthy Lunch Box

# Nutrition Snippet

ENJOY WINTER VEG & FRUIT.



**Try this winter warming meal!**

- Chicken & veg lasagne - 2.5 serves of veg per portion
- Stewed apples and sultanas - 1 serve of fruit per portion

**For these recipes and more visit:**

**[healthylunchbox.com.au](http://healthylunchbox.com.au)**



**Cancer Council**  
Healthy Lunch Box

# ***Nutrition Snippet***

## BEAUTIFUL BROCCOLI STALKS



**Did you know you can use the stalks as well as the florets?**

**High in fibre and vitamins broccoli stalks are a nutrient powerhouse!**

**Chop them up and use in a stir fry, add to a soup or toss them in a salad rather than throwing them out!**

For these recipes and more visit:  
**[healthy.lunchbox.com.au](https://healthy.lunchbox.com.au)**



**Cancer Council**  
Healthy Lunch Box



# Healthy Lunch Box recipe

## Super crispy chicken fingers



### Ingredients

- 1¾ cups panko breadcrumbs
- Olive oil spray
- 1 egg
- 2 tbsp reduced-fat milk
- 1 tbsp mayonnaise
- 1½ tsp Dijon mustard
- 2 tbsp plain flour
- 500g chicken tenderloins
- Salt & pepper

### Method

Preheat oven to 200°C. Spread breadcrumbs onto a baking tray. Spray carefully with oil and bake for 3 to 5 minutes until light golden. Transfer to a bowl.

In a medium bowl, add the egg, milk, mayonnaise, mustard, flour and a little salt and pepper. Whisk with a fork until well combined. Add a chicken tender to the batter and toss to coat. Toss in the breadcrumbs and press gently into the chicken. Place on a lined baking tray. Repeat with remaining chicken.

Spray carefully with oil and bake for 10-15 minutes or until cooked through and golden brown.

Serve with a fresh garden salad.

For more recipes visit:  
[healthy lunchbox.com.au](http://healthy lunchbox.com.au)



**Cancer Council**  
Healthy Lunch Box

# Sunsmart Snippet

It's still the same sun



**Cancer Council's Sid the Seagull 'Slip, Slop, Slap' message was first launched in the 1980s.**

Some things have changed since then but our sun is still the same. By using sun protection you are reducing your risk of skin cancer – including potentially deadly melanoma.

Using a combination of the five sun protection measures whenever UV levels reach 3 or higher, and getting to know your skin to check for any changes, are key.

